



Fencing Academy of Calgary Association Programs

(Subject to change by Fencing Academy of Calgary Association)

PROGRAM TIME DESCRIPTION

BEGINNERS & INTERMEDIUM FOIL, EPEE OR SABRE CLASS

(September-December, January – May)

Monday 6:30 – 7:30pm

Tuesday 6:30 – 7:30pm

Wednesday 6:30 – 7:30pm

Friday 6:00 – 7:00pm

1-hour group lesson once or twice per week.

(If taking two lessons/week, fees include **Open Boutings**).

Participants should have their own mask and glove (or you can rent from the club).

Participants are encouraged to take individual lessons to progress to the Competitive Program.

YOUTH INTRODUCTORY COURSE

You can start any time.

Monday 6:00 – 7:00pm

Tuesday 6:00 – 7:00pm

Wednesday 6:00 – 7:00pm

Friday 6:00 – 7:00pm

6th -1-hour group or individual lessons (once per week) for ages 7 – 15 yrs.

All protective gear and equipment is provided.

6 Weeks

ADULT INTRODUCTORY COURSE

You can start any time.

Monday 6:00 – 7:00pm

Tuesday 6:00 – 7:00pm

Wednesday 6:00 – 7:00pm

Friday 6:00 – 7:00pm

6th -1-hour group or individual lessons (once per week) for ages 16 - adult.

All protective gear and equipment is provided.

6 Weeks

OPEN BOUTING

(September-December, January – May)

Monday 7:30 -8:30 pm

Tues 7:30 – 8:30pm

Wed 7:30 – 8:30pm

Fri 6:00 – 7:00pm

1 or 2 practice sessions per week – no classes or individual lessons provided.

Includes use of the scoring equipment and facility, Equipment rental available.

INDIVIDUAL LESSONS

Available to everyone (see attached information).

Priority is given to International/Provincial / National level competitive fencers.

All individual lessons are by appointment only and must be scheduled in advance (15-20 minutes per lesson).

Current Schedule

DAY & LOCATION	6 - 7:00 PM	6:30 - 7:30 PM	7:30 - 8:30 PM
<p>MONDAY</p> <p>Glenbrook Community Hall 3524-45th Street SW Calgary</p>	<p style="color: green;">Introductory Course</p> <p>Foil, Epee or Sabre Class</p>	<p>BEGINNERS & INTIRMIDIUM</p> <p>Foil, Epee or Sabre</p> <p>Individual Lessons</p>	<p style="color: magenta;">Open Boutng</p> <p>Individual Lessons</p>
<p>TUESDAY</p> <p>Glenbrook Community Hall 3524-45th Street SW Calgary</p>	<p style="color: green;">Introductory Course</p> <p>Foil, Epee or Sabre Class</p>	<p>BEGINNERS & INTIRMIDIUM</p> <p>Foil, Epee or Sabre Class</p> <p>Individual Lessons</p>	<p style="color: magenta;">Open Boutng</p> <p>Individual Lessons</p>
<p>WEDNESDAY</p> <p>Glenbrook Community Hall 3524-45th Street SW Calgary</p>	<p style="color: green;">Introductory Course</p> <p>Foil, Epee or Sabre Class</p>	<p>BEGINNERS & INTIRMIDIUM</p> <p>Foil, Epee or Sabre Class</p> <p>Individual Lessons</p>	<p style="color: magenta;">Open Boutng</p> <p>Individual Lessons</p>
<p>FRIDAY</p> <p>CARDELREC SOUTH 333 Shawville Blvd SE Calgary</p>	<p style="color: green;">Introductory Course</p> <p>Foil, Epee or Sabre Class</p> <p>BEGINNERS & INTIRMIDIUM</p> <p>Foil, Epee or Sabre Class</p> <p style="color: magenta;">Open Boutng</p> <p>Individual Lessons</p>		