



Fencing Academy of Calgary Association Programs

(Subject to change by Fencing Academy of Calgary Association)

PROGRAM TIME DESCRIPTION

YOUTH INTRODUCTORY COURSE

You can start any time.

Tuesday 5:45 – 7:00pm

Wednesday 5:45 – 7:00pm

Friday 6:00 – 7:00pm

6th -1-hour group or individual lessons (once per week) for ages 7 – 15 yrs.

All protective gear and equipment is provided.

6 Weeks

ADULT INTRODUCTORY COURSE

You can start any time.

Tuesday 7:00 - 8:30 pm

Wednesday 7:30 - 8:30 pm

Friday 6:00 – 7:00pm

6th- 1-hour group or individual lessons (once per week) for ages 16 - adult.

All protective gear and equipment is provided.

6 Weeks

BEGINNERS & INTERMEDIATE LEVEL FOIL, EPEE OR SABRE CLASS

(September-December)

(January – May)

Tuesday 5:45 – 7:00pm

Wednesday 5:45 – 7:00pm

Friday 6:00 – 7:00pm

1-hour group lesson once or twice per week.

(If taking two lessons a week, fee includes **Open Boutings**).

Participants should have their own mask and glove (or you can rent from the club).

Participants are encouraged to take individual lessons to progress to the Competitive Program.

COMPETITIVE FOIL, EPEE OR SABRE CLASS

(September-December)

(January – May)

Tuesday 5:45 – 7:00pm

Wednesday 5:45 – 7:00pm

Friday 6:00 – 7:00pm

1-hour group lesson once or twice per week.

(If taking two lessons a week, fee includes Open **Boutings**).

Participants should have their own mask and glove.

Participants should take individual lessons to progress to High Performance Level.

OPEN BOUTING

(September-December)

(January – May)

Monday 7:30 -8:30 pm

Tues 7:30 – 8:30pm

Wed 7:30 – 8:30pm

Fri 6:00 – 7:00pm

1 or 2 practice sessions per week – no classes or individual lessons provided.

Includes use of the scoring equipment and facility, Equipment rental available.

INDIVIDUAL LESSONS

Available to everyone (see attached information).

Priority is given to International/ Provincial / National level competitive fencers.

All individual lessons are by appointment only and must be scheduled in advance (15-20 Minutes per lesson).

Current Schedule

DAY & LOCATION	5:45 - 7:00 PM	5:45 - 7:00 PM	7:00 - 8:30 PM	7:30 - 8:30 PM
MONDAY Glenbrook Community Hall 3524-45th Street SW Calgary	Individual Lessons Open Boutings Foil, Epee or Sabre	Individual Lessons Open Boutings Foil, Epee or Sabre	Individual Lessons Open Boutings Foil, Epee or Sabre	Individual Lessons Open Boutings Foil, Epee or Sabre
TUESDAY Glenbrook Community Hall 3524-45th Street SW Calgary	Introductory Course Foil, Epee or Sabre Class	BEGINNERS & INTERMEDIATE Foil, Epee or Sabre Class Individual Lessons	COMPETITIVE Foil, Epee or Sabre Individual Lessons	Open Boutings Foil, Epee or Sabre
WEDNESDAY Glenbrook Community Hall 3524-45th Street SW Calgary	Introductory Course Foil, Epee or Sabre Class	BEGINNERS & INTERMEDIATE Foil, Epee or Sabre Class Individual Lessons	COMPETITIVE Foil, Epee or Sabre Individual Lessons	Open Boutings Foil, Epee or Sabre
	6 :00-7 :00	6 :00-7 :00	6 :00-7 :00	6 :00-7 :00
FRIDAY TBA (To Be Announced)	Introductory Course Foil, Epee or Sabre Class	BEGINNERS & INTERMEDIATE Foil, Epee or Sabre Class	COMPETITIVE Foil, Epee or Sabre Individual Lessons	Open Boutings